Bridgette Houston is a native of Colbert County, Alabama. A double graduate of the University of North Alabama, she is a former public-school educator. Bridgette also received a Masters in Christian Ministry from Memphis Theological Seminary and currently serves as a Chaplain at Le Bonheur Children's Hospital in Memphis, Tennessee and an ordained minister in the Christian Methodist Episcopal Church. In 2021, Bridgette founded the non-profit, SoulWalks, whose goal is to walk alongside and assist women and girls of color as they journey through life; providing Support, Strength, Opportunities, Unlimited resources and Unconditional Love. Her aspirations are to continue “preparing” and “being” the hands and feet of God by serving God’s marginalized children in every way she is able.

Rev. Houston also lives with cardiovascular disease, has survived two open-heart surgeries; yet, refuses to allow that to deter her from her passion to encourage and support the youth of today as they write and follow their dreams for tomorrow.